Credit Hour Determination (Mergener Formula)

Child & School Psychology CE · NASP Approved Provider #1152

Course	Teacher-Delivered Behavior Supports in K–5 Classrooms: A Refresher for School Psychologists
Instructor	Jaime Flowers, Ph.D., NCSP, LEP, BCBA
Format	Online independent study with assigned reading, embedded activities, applied cases with AI feedback, and a final assessment
Audience / level	Practicing school psychologists; difficulty index 4 (difficult)
CPD credits awarded	7.0
Revision	Revised October 24, 2026. Supersedes the earlier determination, which listed 13,000 words, about 120 embedded items, and a 30-item assessment. This revision uses verified counts from the live course (42-item assessment) and reflects the Lesson 3 content rebuilt on this date.

Method

Estimated completion time was calculated with the Mergener formula for self-study continuing education:

Minutes = 0.9 × [−22.3 + (0.00209 × words) + (2.78 × questions) + (15.5 × difficulty)]

Inputs (measured from the published course)

Component	Instructional words	Learner-response items
Lesson 1: Introduction to Teacher-Delivered Behavioral Interventions	1,183	12
Lesson 2: Co-Establishing, Modeling, and Teaching Clear Behavioral Expectations	1,151	11
Lesson 3: Using Reminders and Precorrections to Support Expected Behavior	1,198	13
Lesson 4: Positive Attention, Praise, and Rewards	1,212	12
Lesson 5: Offering Instructional Choices to Increase Engagement and Agency	1,357	12
Lesson 6: Increasing Opportunities to Respond and Engage	1,193	12
Lesson 7: Teaching Students to Monitor and Reflect on Their Own Behavior	1,409	12
Lesson 8: Using Behavior Ratings to Provide Student Feedback	1,290	12
Lesson 9: Putting the Seven Strategies Into Practice	1,486	14

Component	Instructional words	Learner-response items
Assigned reading: WWC *Teacher-Delivered Behavioral Interventions in Grades K–5* (2025), Recommendations 1–7, printed pages 8–71	23,316	—
Final assessment (42 multiple-choice items)	not counted as reading	42
Total	**34,795**	**152**

Difficulty index: 4. The course requires interpreting classroom behavior data, selecting and adapting evidence-based teacher-delivered interventions, judging implementation fidelity and student response, and applying the material in consultation.

Calculation

Term	Value
Constant	–22.30
0.00209 × 34,795 words	72.72
2.78 × 152 questions	422.56
15.5 × difficulty 4	62.00
Sum	534.98
× 0.9 = estimated minutes	481.5 minutes
Estimated hours	8.02 hours

Result

The Mergener estimate is **8.02 hours**. The course awards **7.0 CPD credits**, which does not exceed the estimated learner time.

Counting notes

• Instructional words were counted from the published lesson content: lesson introductions, objectives, reading guidance, instructional sections, case scenarios, activity prompts and options, applied practice examples, and key takeaways.

• Navigation, buttons, progress indicators, section titles repeated in the interface, headers, footers, and menus were excluded.

• Each learner-response item is counted once in the question term and is not also counted as reading.

• Assigned reading: What Works Clearinghouse (2025), *Teacher-Delivered Behavioral Interventions in Grades K–5* (WWC 2025001), IES. Lessons 2–8 assign Recommendations 1–7, printed pages 8–71 (PDF pages 14–77). These pages were text-extracted and counted (23,956 words); the running header repeated on each page was removed. Lessons 1 and 9 assign no additional pages. Each learner-response item, including

each lesson’s AI-feedback case, is counted once.

Prepared for Child & School Psychology CE records. Counts were taken from the live course on October 24, 2026.